

2009 FOOT LOCKER CROSS COUNTRY
 Midwest Regional Championships
 November 28, 2009 10:00 A.M.
 5K RESULTS - OFFICIAL OPEN RACE

Place	Num	Name	Age	Yr	Hometown	Div	Div	Time	Pace
1	2	Scott Mueller	24		MILWAUKEE WI	1	M1839	16:19	5:15
2	29	Gemechu Bekelcho	20		GOLDEN VALLEY MN	2	M1839	16:50	5:25
3	233	Jake Wyatt	20		HUDSON IN	3	M1839	16:59	5:28
4	38	Brian Cull	21		FREDERICKTOWN OH	4	M1839	17:06	5:31
5	120	Besufekad Shannon-T	19		GOLDEN VALLEY MN	5	M1839	17:07	5:31
6	66	John Jarvis	39		PATASKALA OH	6	M1839	17:14	5:33
7	65	Andrew Jacob	23		FREMONT NE	7	M1839	17:27	5:37
8	119	Chris Setzler	37		WONDER LAKE IL	8	M1839	17:30	5:38
9	53	Chris Fyock	20		SEVEN HILLS OH	9	M1839	17:33	5:39
10	164	Joshua Clark	19		GILLETT WI	10	M1839	17:34	5:40
11	73	Evan Joyce	21		. WI	11	M1839	17:39	5:41
12	190	Mark Pepple	30		ELMHURST IL	12	M1839	17:41	5:42
13	97	Tyler Noble	18		SHEPHERD MI	13	M1839	17:42	5:42
14	41	Bill Dennison	33		PAINESVILLE OH	14	M1839	17:46	5:43
15	104	Matt Peharda	21		PEORIA IL	15	M1839	17:48	5:44
16	239	Tim Hucke	18		HARTLAND WI	16	M1839	17:50	5:45
17	28	Matthew Behrensmeyer	26		ALBION MI	17	M1839	17:53	5:46
18	149	Ian Wilson	27		FORT WAYNE IN	18	M1839	17:58	5:47
19	36	Tyler Congrove	21		CIRCLEVILLE OH	19	M1839	18:00	5:48
20	163	Abraham Clark	23		GILLETT WI	20	M1839	18:01	5:48
21	178	James Kocejka	24		BURLINGTON WI	21	M1839	18:02	5:49
22	95	Jason Montgomery	26		MOUNT VERNON OH	22	M1839	18:03	5:49
23	242	Curt Kaczor	33		WAUWATOSA WI	23	M1839	18:08	5:50
24	192	Eric Prowse	31		HAZEL PARK MI	24	M1839	18:09	5:51
25	26	Zachary Baedke	22		FREMONT NE	25	M1839	18:13	5:52
26	96	Shane Murphy	18		WATERFORD WI	26	M1839	18:17	5:53
27	150	William Wilson	13		KENT CITY MI	1	M0117	18:18	5:54
28	137	Victor Vilar	30		WEST ALLIS WI	27	M1839	18:20	5:54
29	224	Daniel Graham	20		OTTAWA IL	28	M1839	18:21	5:55
30	1	Melody Fairchild	36		NEDERLAND CO	1	F1839	18:25	5:56
31	125	Kevin Sommer	43		BETTENDORF IA	1	M4099	18:29	5:57
32	189	Michael Patterson	28		CHICAGO IL	29	M1839	18:30	5:58
33	116	Steven Schultz	21		FREMONT NE	30	M1839	18:34	5:59
34	82	Justin Liedke	11		PAPILLION NE	2	M0117	18:38	6:00
35	129	Rick Straughen	28		SHELBY TWP MI	31	M1839	18:41	6:01
36	78	Nathan Kennedy	23		BOLINGBROOK IL	32	M1839	18:45	6:02
37	180	Kyle Lewis	13		BOULDER CO	3	M0117	18:48	6:04
38	133	Jeff Taylor	42		PERRYSBURG OH	2	M4099	18:50	6:04
39	49	Nickolas Freitag	13		GREEN BAY WI	4	M0117	18:58	6:07
40	30	Mitchell Bilitz	14		FOND DU LAC WI	5	M0117	19:00	6:07
41	238	Cassandra Peller	23		FRANKLIN WI	2	F1839	19:01	6:08
42	37	Travis Conley	14		WHEATFIELD IN	6	M0117	19:05	6:09
43	210	Kevin Kaufman	32		EAST DUNDEE IL	33	M1839	19:15	6:12
44	136	Jeremy Verdi	29		MADISON OH	34	M1839	19:16	6:12
45	40	Russell DeLap	52		BROOKFIELD WI	3	M4099	19:17	6:13
46	3	Teresa Stanley	27		PEWAUKEE WI	3	F1839	19:24	6:15
47	121	Joshua Short	13		GRAFTON WI	7	M0117	19:27	6:16
48	54	Bob Geiger	40		HOWARD OH	4	M4099	19:30	6:17
49	187	Tyson Meehe	14		DARLINGTON WI	8	M0117	19:37	6:19
50	43	Cameron Economy	14		VICTORIA MN	9	M0117	19:40	6:20
51	32	Paul Bolanowski	18		MILWAUKEE WI	35	M1839	19:43	6:21
52	84	Dave Macknick	45		CHICAGO IL	5	M4099	19:44	6:21
53	44	Robert Economy	45		VICTORIA MN	6	M4099	19:47	6:22
54	75	Andrew Karkow	18		RACINE WI	36	M1839	19:48	6:23
55	68	Conner Jenkins	13		FREMONT NE	10	M0117	19:50	6:23
56	89	Sean McMahon	36		FREMONT NE	37	M1839	19:50	6:23

			Open-1			
57	184 Ben Massman	18	EAST TROY WI	38	M1839	19: 52 6: 24
58	155 John Brandt	50	WAUKESHA WI	7	M4099	20: 02 6: 27
59	183 Jorge Marquez	39	CEDAR FALLS IA	39	M1839	20: 04 6: 28
60	204 Nathaniel Sullivan	18	MILWAUKEE WI	40	M1839	20: 09 6: 29
61	102 Les Paul	49	CEDAR GROVE WI	8	M4099	20: 11 6: 30
62	218 Bailey Wolf	11	OCONTO FALLS WI	1	F0117	20: 16 6: 32
63	175 Chase Hill	14	POPLAR GROVE IL	11	M0117	20: 26 6: 35
64	156 Jessica Bremer	21	HOWE IN	4	F1839	20: 26 6: 35
65	52 Sam Frymark	24	ST. FRANCIS WI	41	M1839	20: 28 6: 36
66	83 Eric Lutton	24	DELTA OH	42	M1839	20: 33 6: 37
67	64 Steve Hill	40	ASHTABULA OH	9	M4099	20: 37 6: 38
68	222 Michael Flatley	45	BROOKFIELD WI	10	M4099	20: 41 6: 40
69	111 Andy Sabinash	13	GREENFIELD WI	12	M0117	20: 43 6: 40
70	157 Gary Brenneman	22	COLUMBUS OH	43	M1839	20: 45 6: 41
71	55 Kristy Giljohann	25	WEST ALLIS WI	5	F1839	20: 46 6: 41
72	209 Amy Horst	29	MILWAUKEE WI	6	F1839	20: 48 6: 42
73	67 Haele Jasen	14	BELGIUM WI	2	F0117	20: 52 6: 43
74	85 Lauren Marsh	13	TRAVERSE CITY MI	3	F0117	20: 54 6: 44
75	170 Paul Frank	43	SUN PRAIRIE WI	11	M4099	20: 58 6: 45
76	230 Evan Sigmund	11	LITTLE SUAMICO WI	13	M0117	20: 58 6: 45
77	158 Neil Brown	19	FREDERICKTOWN OH	44	M1839	20: 59 6: 46
78	145 Anders-Jame Wermuth	12	SPRING GREEN WI	14	M0117	21: 01 6: 46
79	207 Scott Coulson	14	CHESTERFIELD MO	15	M0117	21: 02 6: 47
80	112 Casey Sabinash	13	GREENFIELD WI	16	M0117	21: 03 6: 47
81	211 Alex Kusters	23	RACINE WI	45	M1839	21: 05 6: 48
82	62 Brett Hess	44	FORT WAYNE IN	12	M4099	21: 07 6: 48
83	217 Bob Theodore	57	WOODRIDGE IL	13	M4099	21: 11 6: 50
84	56 Ron Goerke	19	WAUKESHA WI	46	M1839	21: 13 6: 50
85	228 Dan Meinhardt	21	PLEASANT PRAIRIE W	47	M1839	21: 14 6: 50
86	203 Mark Sprtel	21	APPLETON WI	48	M1839	21: 14 6: 50
87	86 Addie May	13	FLUSHING MI	4	F0117	21: 14 6: 51
88	241 Dillon Lesniak	14	PEWAUKEE WI	17	M0117	21: 17 6: 51
89	160 Rick Cahoon	32	SHEPHERD MI	49	M1839	21: 18 6: 52
90	74 Hadley Karandj eff	12	BRENTWOOD MO	5	F0117	21: 19 6: 52
91	147 Jordan Wilcox	12	FENTON MO	18	M0117	21: 29 6: 55
92	181 Eva Machuca	39	CEDAR FALLS IA	7	F1839	21: 36 6: 57
93	154 Andrew Augustin	22	WHITEHALL MI	50	M1839	21: 36 6: 58
94	142 Christopher Welker	13	RIVER HILLS WI	19	M0117	21: 45 7: 01
95	229 Ben Penlesky	24	LA CROSSE WI	51	M1839	21: 48 7: 01
96	182 Hiram Marquez	12	CEDAR FALLS IA	20	M0117	21: 48 7: 01
97	130 Nicholas Suits	13	ALLENDALE MI	21	M0117	21: 51 7: 02
98	88 Edward McIntyre	13	ALLENDALE MI	22	M0117	21: 51 7: 02
99	110 Emily Roberts	13	FREDERICKTOWN OH	6	F0117	21: 54 7: 03
100	140 Seth Webster	12	BROWNSBURG IN	23	M0117	22: 02 7: 06
101	33 Michael Bunton	46	CEDARBURG WI	14	M4099	22: 03 7: 06
102	232 James Voyles	36	ROLLING MEADOWS IL	52	M1839	22: 05 7: 07
103	27 Nigel Ball	48	KENOSHA WI	15	M4099	22: 06 7: 07
104	243 Matt Hayes	33	DUBUQUE IA	53	M1839	22: 07 7: 07
105	221 Elizabeth Flatley	13	BROOKFIELD WI	7	F0117	22: 10 7: 08
106	24 Tony Agostini	47	MILWAUKEE WI	16	M4099	22: 11 7: 09
107	194 Stephanie Robles	12	BELVIDERE IL	8	F0117	22: 12 7: 09
108	34 Riley Campbell	13	EVANSTON IL	24	M0117	22: 14 7: 10
109	193 Mikaela Pukszta	13	ST LOUIS MO	9	F0117	22: 15 7: 10
110	76 Jessica Karl	24	KALAMAZOO MI	8	F1839	22: 17 7: 11
111	106 Michele Poss	43	ANTIOCH IL	1	F4099	22: 22 7: 12
112	134 Andrew Vande Bunte	13	GRAND RAPIDS MI	25	M0117	22: 23 7: 13
113	235 Jill Evers-Bowers	43	KENT CITY MI	2	F4099	22: 24 7: 13
114	47 Andrew Fischer	19	BROOKFIELD WI	54	M1839	22: 24 7: 13
115	132 Scott Swain	49	NEW HUDSON MI	17	M4099	22: 25 7: 13
116	173 Joey Gedwill	11	LOVES PARK IL	26	M0117	22: 30 7: 15
117	117 Claire Schwarz	12	DAVENPORT IA	10	F0117	22: 35 7: 17
118	151 Katie Wondra	22	FOND DU LAC WI	9	F1839	22: 44 7: 19
119	196 Jeff Romig	37	ROUND LAKE BEACH I	55	M1839	22: 47 7: 20

			Open-1			
120	188 Michael Otte	12	BELVIDERE IL	27	M0117	22: 50 7: 21
121	94 Brandon Miller	12	AURORA IL	28	M0117	22: 52 7: 22
122	171 Jacob Fritz	13	BELVIDERE IL	29	M0117	22: 54 7: 22
123	244 Karen Rinehart	29	MILWAUKEE WI	10	F1839	22: 55 7: 23
124	105 Ben Poss	13	ANTIOCH IL	30	M0117	23: 01 7: 25
125	107 Mitch Poss	45	ANTIOCH IL	18	M4099	23: 01 7: 25
126	168 Destiny Darmon	11	BELVIDERE IL	11	F0117	23: 04 7: 26
127	25 Leah Allen	21	CIRCLEVILLE OH	11	F1839	23: 11 7: 28
128	191 Kelly Price	46	HOLLAND MI	19	M4099	23: 13 7: 29
129	208 Tyler Fager	13	GREEN BAY WI	31	M0117	23: 19 7: 31
130	186 Jonathan Menge	14	BELVIDERE IL	32	M0117	23: 22 7: 31
131	91 Terri Menghini	44	FENTON MO	3	F4099	23: 22 7: 32
132	195 Dalyn Romig	13	ROUND LAKE BEACH I	33	M0117	23: 23 7: 32
133	161 Alan Champion	12	BELVIDERE IL	34	M0117	23: 25 7: 33
134	124 Karson Sommer	11	BETTENDORF IA	35	M0117	23: 37 7: 37
135	108 Scott Powell	53	TROY MI	20	M4099	23: 39 7: 37
136	198 Monica Schwartz	12	BELVIDERE IL	12	F0117	23: 41 7: 38
137	61 Steven Heroux	50	STURGEON BAY WI	21	M4099	23: 42 7: 38
138	225 Chris Hanson	40	MILWAUKEE WI	22	M4099	23: 43 7: 38
139	21 Elle Adams	13	LAKE GENEVA WI	13	F0117	23: 48 7: 40
140	23 Zach Adams	19	LAKE GENEVA WI	56	M1839	23: 48 7: 40
141	22 Ross Adams	47	LAKE GENEVA WI	23	M4099	23: 48 7: 40
142	148 Bill Wilson	54	SOUTH LYON MI	24	M4099	23: 49 7: 40
143	101 Sara Parcel	26	PAINESVILLE OH	12	F1839	23: 50 7: 41
144	98 Katie Novak	12	GLENDALE WI	14	F0117	23: 53 7: 42
145	177 Zachary Knoebber	12	LOVES PARK IL	36	M0117	23: 57 7: 43
146	216 Franklin Rosario	13	ST. LOUIS MO	37	M0117	23: 59 7: 43
147	220 David Desilvio	54	SOUTH LYON MI	25	M4099	23: 59 7: 44
148	179 Bailly Kowalkowski	12	POPLAR GROVE IL	15	F0117	24: 05 7: 46
149	172 Kayla Fritz	11	BELVIDERE IL	16	F0117	24: 08 7: 46
150	57 Michael Goldberg	28	UNION GROVE WI	57	M1839	24: 21 7: 50
151	201 Nicole Shields	12	RACINE WI	17	F0117	24: 22 7: 51
152	71 Vanessa Johnson	24	LAWRENCE KS	13	F1839	24: 22 7: 51
153	167 Erin Cull	19	FREDERICKTOWN OH	14	F1839	24: 37 7: 56
154	131 Edward Sullivan	53	MILWAUKEE WI	26	M4099	24: 37 7: 56
155	185 Elana Menge	12	BELVIDERE IL	18	F0117	24: 41 7: 57
156	92 Chris Meyer	11	FORT WAYNE IN	38	M0117	24: 47 7: 59
157	166 Addie Crocker	12	BELVIDERE IL	19	F0117	24: 51 8: 00
158	126 Tamara Steil	55	GRANDVILLE MI	4	F4099	24: 52 8: 01
159	93 Kevin Meyer	40	FORT WAYNE IN	27	M4099	24: 56 8: 02
160	138 Aleena Villani	12	PLEASANT PRAIRIE W	20	F0117	25: 02 8: 04
161	123 Junior Sommer	12	BETTENDORF IA	39	M0117	25: 09 8: 06
162	79 John Kerch	53	MOLINE IL	28	M4099	25: 09 8: 06
163	144 Joelle Wennlund	42	WESTERN SPRINGS IL	5	F4099	25: 14 8: 08
164	63 Grace Hess	12	FORT WAYNE IN	21	F0117	25: 22 8: 10
165	199 Rebecca Schwartz	13	BELVIDERE IL	22	F0117	25: 22 8: 10
166	226 Carol Hohenthaler	49	YANKTON SD	6	F4099	25: 24 8: 11
167	70 Laurissa Johnson	12	LITTLE CHUTE WI	23	F0117	25: 29 8: 13
168	48 James Fischer	50	BROOKFIELD WI	29	M4099	25: 32 8: 13
169	59 Megan Harder	13	LIBERTYVILLE IL	24	F0117	25: 37 8: 15
170	60 Patrick Harder	58	LIBERTYVILLE IL	30	M4099	25: 37 8: 15
171	169 Kathryn Del Fava	11	KENOSHA WI	25	F0117	25: 45 8: 18
172	122 Jake Skebba	19	MADISON WI	58	M1839	26: 12 8: 26
173	46 Marcy Epperson	37	CANON CITY CO	15	F1839	26: 16 8: 28
174	227 Jake Hohenthaler	21	YANKTON SD	59	M1839	26: 18 8: 28
175	31 Tiffany Blakely	28	NEW BUFFALO MI	16	F1839	26: 24 8: 30
176	197 Berry Roper	47	BASALT CO	7	F4099	26: 24 8: 30
177	51 David Frymark	53	ST. FRANCIS WI	31	M4099	26: 30 8: 32
178	103 Lily Paul	12	CEDAR GROVE WI	26	F0117	26: 32 8: 33
179	72 Gene Jones	65	METAMORA IL	32	M4099	26: 34 8: 33
180	212 Bruce Lau	31	GLENVIEW IL	60	M1839	26: 37 8: 34
181	240 Marie Goerke	47	WAUKESHA WI	8	F4099	26: 45 8: 37
182	39 Matthew Day	14	ST. LOUIS MO	40	M0117	26: 49 8: 38

		Open-1					
183	77 Steve Kearney	61	CHESTERTON IN	33	M4099	27: 01	8: 42
184	139 Sheri Villani	41	PLEASANT PRAIRIE W	9	F4099	27: 04	8: 43
185	42 Lynn Dolan	50	BROOKFIELD WI	10	F4099	27: 05	8: 44
186	214 Tom Moeller	57	CHESTERTON IN	34	M4099	27: 12	8: 46
187	87 Dean McGuire	45	FREDERICKTOWN OH	35	M4099	27: 50	8: 58
188	90 Emily Meister	12	JANESVILLE WI	27	F0117	28: 09	9: 04
189	237 Ric Meister	45	JANESVILLE WI	36	M4099	28: 09	9: 04
190	35 Rodney Chvatal	53	COLAN NE	37	M4099	28: 11	9: 05
191	236 Mady Scopp	12	6 KENOSHA WI	28	F0117	28: 33	9: 12
192	50 Gary Frounfelker	47	MAPLE HEIGHTS OH	38	M4099	28: 35	9: 12
193	113 David Schaefer	50	WAUWATOSA WI	39	M4099	28: 36	9: 13
194	69 Cassie Johnson	14	OLATHE KS	29	F0117	28: 52	9: 18
195	128 Regan Stone	14	LENEXA KS	30	F0117	28: 52	9: 18
196	153 Corynn Yarkosky	13	OVERLAND PARK KS	31	F0117	29: 07	9: 23
197	165 Jake Colson	10	BELVIDERE IL	41	M0117	29: 09	9: 23
198	219 Sandy Yaggi e	47	MISSION HILL SD	11	F4099	29: 50	9: 36
199	81 Jessica Leslie	13	GRIFFITH IN	32	F0117	29: 53	9: 37
200	234 Chris Yarkosky	44	SHAWNEE MISSION KS	12	F4099	30: 07	9: 42
201	176 Jennifer Johnston	32	LANCASTER OH	17	F1839	30: 45	9: 54
202	80 Brian Leech	27	WAUKESHA WI	61	M1839	33: 52	10: 54
203	118 Stuart Semerar	46	MOUNT VERNON OH	40	M4099	35: 11	11: 20

12/01/2009 6: 04AM

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