



## \*\*\* MEDIA ALERT \*\*\*

### *Caroline Alcorta and Aaron Templeton Capture First Place Titles in 35<sup>th</sup> Annual Foot Locker Cross Country Championships South Regional*

**RACE HIGHLIGHTS:**

Caroline Alcorta of Springfield, Va., and Aaron Templeton of Knoxville, Tenn., won the Foot Locker Cross Country Championships (FLCCC) South Regional today. Alcorta, a senior at West Springfield High School, claimed the title in 16:55. Amelia Paladino, a senior from Morgantown, W.Va., finished second in 17:04, with Natalie Rathjen of Dallas, Texas, placing third in 17:06. Both Alcorta and Paladino are two-time FLCCC National Finalists.

Aaron Templeton, a senior at Hardin Valley Academy, won the Boys South Regional in 14:36. Benjamin Huffman of Waxhaw, N.C., placed second in 14:44, and Ian Milder of Winston Salem, N.C., finished third in 14:49. Templeton is a two-time FLCCC National Finalist.

**WHEN/WHERE:**

Saturday, November 30, 2013  
McAlpine Greenway Park in Charlotte, N.C.

**COURSE/WEATHER:**

5,000-meter course; good race conditions; partly cloudy, cold; 41 degrees

**NATIONAL CHAMPIONSHIPS:**

The top ten boys and the top ten girls in today's seeded races qualified to compete against runners from the Northeast, Midwest, and West Regional meets in the Foot Locker Cross Country Championships National Finals, on Saturday, Dec. 14 at Morley Field, Balboa Park in San Diego, Calif.

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*(see attached chart for race results)*

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**2013 Foot Locker Cross Country Championships – South Regional Results**  
**McAlpine Creek Park – Charlotte, N.C.**

**Boys**

Place	Name	Hometown	High School	Time
1)	Aaron Templeton	Knoxville, Tenn.	Hardin Valley Academy (12)	14:36
2)	Benjamin Huffman	Waxhaw, N.C.	Providence Day School (12)	14:44
3)	Ian Milder	Winston Salem, N.C.	Mount Tabor High School (12)	14:49
4)	Louis Colson	Alexandria, Va.	Thomas Edison High School (12)	14:50
5)	Mackenzie Haight	Vienna, Va.	George C. Marshall High School (12)	14:51
6)	Ben Barrett	Norman, Okla.	Norman North High School (11)	14:51
7)	Tyler Bennett	Fort Myers, Fla.	Fort Myers High School (12)	14:52
8)	Brent Demarest	Charleston, S.C.	Porter-Gaud School (12)	14:53
9)	Frank Lara	Houston, Texas	Strake Jesuit College Prep. (12)	14:53
10)	Patrick Sheehan	Mooreville, N.C.	Lake Norman High School (12)	14:54

**Girls**

Place	Name	Hometown	High School	Time
1)	Caroline Alcorta	Springfield, Va.	West Springfield High School (12)	16:55
2)	Amelia Paladino	Morgantown, W.Va.	University High School (12)	17:04
3)	Natalie Rathjen	Dallas, Texas	Highland Park High School (12)	17:06
4)	Gabriella Karas	Simpsonville, Ky.	Martha Layne Collins High School (9)	17:07
5)	Hannah Christen	Burke, Va.	Lake Braddock Secondary School (12)	17:15
6)	Katherine (Katy) Kunc	Burke, Va.	Lake Braddock Secondary School (12)	17:16
7)	Devin Clark	Spring Branch, Texas	Smithson Valley High School (11)	17:18
8)	Kathryn Foreman	Lithia Springs, Ga.	Landmark Christian School (10)	17:19
9)	Molly Breidenbaugh	Mechanicsville, Va.	Trinity Episcopal High School (12)	17:19
10)	Karen Xiang	Ponte Vedra, Fla.	Nease High School (12)	17:20

\*Race photos and video highlights are available by request or online at [www.footlockercc.com](http://www.footlockercc.com)

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