



## \*\*\* MEDIA ALERT \*\*\*

### Williams and Saarel Capture First Place Titles in 34<sup>th</sup> Annual Foot Locker Cross Country Championships West Regional

**RACE HIGHLIGHTS:**

Marissa Williams of Palisades, Calif., and Benjamin Saarel of Salt Lake City, Utah, won the Foot Locker Cross Country Championships (FLCCC) West Regional today. In the girls' race, Williams, a sophomore at Palisades High School, went out fast and continued to keep her pace throughout the race. A chase pack of runners, including Makena Morley of Bigfork, Mont., and Julia Maxwell of Ross, Calif., was about ten seconds behind Williams at the one-mile mark. Williams never relinquished the lead and went on to capture the title in 17:46. Maxwell, a junior at Branson High School, finished second in 18:15, with Morley, a sophomore at Bigfork High School, placing third in 18:17.

A pack of runners dominated the boys' race, with Zachary Perrin of Lakeside, Mont., in the lead at the one-mile and two-mile marks. At 2.5 miles, Saarel made his move to separate from a chase pack of runners, including Andrew Gardner of Spokane, Wash., John Lawson of Forest Knolls, Calif., and Troy Fraley of Kalispell, Mont. Saarel claimed the title in 15:28. Fraley placed second in 15:37, and Lawson placed third in 15:37. Gardner, who is now a three-time FLCCC National Finalist, placed fifth and Perrin finished in eighth, also qualifying for the National Finals in San Diego, Calif.

**WHEN/WHERE:**

Saturday, December 1, 2012  
Mount San Antonio College in Walnut, Calif.

**COURSE/WEATHER:**

5K; muddy course conditions; overcast; humid at 60 degrees

**NATIONAL:**

The top ten boys and the top ten girls in today's seeded races qualified to compete against runners from the Northeast, South and Midwest Regional meets in the Foot Locker Cross Country Championships National Finals, on Saturday, Dec.8 at Morley Field, Balboa Park in San Diego, Calif.

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*(see attached chart for race results)*

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*2012 Foot Locker Cross Country Championships – West Regional Results  
Mount San Antonio College – Walnut, Calif.*

## **Boys**

<b>Place</b>	<b>Name</b>	<b>Hometown</b>	<b>High School</b>	<b>Time</b>
1)	Benjamin Saarel	Salt Lake City, Utah	Park City High School (12)	15:28
2)	Troy Fraley	Kalispell, Mont.	Glacier High School (12)	15:37
3)	John Lawson	Forest Knolls, Calif.	Sir Francis Drake High School (12)	15:37
4)	Conner Mantz	Smithfield, Utah	Sky View High School (10)	15:41
5)	Andrew Gardner	Spokane, Wash.	Mead High School (12)	15:42
6)	John Dressel	Colbert, Wash.	Mt. Spokane High School (10)	15:42
7)	Kramer Morton	Sandy, Utah	Alta High School (11)	15:47
8)	Zachary Perrin	Lakeside, Mont.	Flathead High School (12)	15:47
9)	Patrick Gibson	Bellingham, Wash.	Squalicum High School (12)	15:48
10)	Apolinar Baltazar	Aberdeen, Wash.	Aberdeen High School (12)	15:50

## **Girls**

<b>Place</b>	<b>Name</b>	<b>Hometown</b>	<b>High School</b>	<b>Time</b>
1)	Marissa Williams	Los Angeles, Calif.	Palisades Charter High School (10)	17:46
2)	Julia Maxwell	Ross, Calif.	Branson High School (11)	18:15
3)	Makena Morley	Bigfork, Mont.	Bigfork High School (10)	18:17
4)	Paige Gilchrist	Missoula, Mont.	Hellgate High School (12)	18:19
5)	Fiona O’Keeffe	Davis, Calif.	Oliver Wendell Holmes Junior High School (9)	18:33
6)	Katelyn Bianchini	Snohomish, Wash.	Glacier Peak High School (12)	18:35
7)	Madeleine Ankhelyi	Folsom, Calif.	Vista del Lago High School (12)	18:37
8)	Summer Harper	Orem, Utah	Orem High School (12)	18:44
9)	Sarah Feeney	Ogden, Utah	Ogden High School (11)	18:51
10)	Kayla Ferron	Torrance, Calif.	Redondo Union High School (12)	18:52

\*Race photos and video highlights are available by request or online at [www.footlockercc.com](http://www.footlockercc.com)

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